

Midwest Biathlon Regional #7

Ariens Nordic Center, Brillion, WI Sunday, March 12 9 A.M. More info here

Forecast/Conditions: Expect a mixture of fresh snow and tilled up manmade snow. Saturday night low around 27 with a race time temperature around 32. Snow likely during the event.

Glidewax: Apply High Performance Red Hot Wax, scrape and brush. Spray on High Performance Yellow Liquid Paraffin, let stand overnight, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP spray, apply BP Blue Red Wax, scrape and brush, then apply a HP Yellow Hot Wax, scrape and brush.

Gripwax: N/A

Structure: A warm structure covered by one pass with the Yellow Structurite tool after scraping and brushing the final Hot Wax or before spraying HP LP will best suit these conditions.

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Check the Wax Tips page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.